Introducing a breakthrough innovation for BETTER SLEEP with LED Biologically-Corrected Lighting Solutions.
The proprietary LED source works with your body’s natural circadian rhythm. Other lights are more disruptive and don’t support natural melatonin production.

What Experts Say About Good Sleep:

A lack of rest can lead to exhaustion, and you may have heard it can raise your risk of serious health problems, such as heart disease, and type 2 diabetes.

— Dr. Michael Breus, PhD, “The Sleep Doctor”

The light to which we’re exposed from dusk until we go to bed at night has actually had a profound effect.

— Dr. Charles Czeisler, MD, Chief, Division of Sleep Medicine, Brigham and Women’s Hospital

Light works as if it’s a drug, except it’s not a drug at all. Lights sets the body’s internal clock to a 24-hour cycle regulating an estimated 10% of our genes.

— Dr. George Brainard, PhD, neurologist and director of Light Research Program at Thomas Jefferson University